

## **Counseling and Crisis Intervention Resources**

In general, for people with disabilities, counseling can be helpful when having to cope with stresses in their lives. Most social service agencies provide in-house counseling services or contract out to counselors. If you need assistance finding appropriate services, contacting a referral source or PACT, Inc. is a good first step. We have listed some providers and individual counselors that have experience working specifically with people with disabilities. Other counseling services are available and you should consult one of the mentioned referral sources or directories for additional listings.

### **DuPage County Health Department-Mental Health Division Crisis Unit 24-Hour Emergency**

111 N County Farm Rd  
Wheaton, IL 60187  
Phone: (630) 682-7400  
[www.dupagehealth.org](http://www.dupagehealth.org)

- Serves chronically mentally ill adults, mentally ill and seriously emotionally disturbed children and adolescents, and substance abusing adults and adolescents.
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### **Metropolitan Family Services of DuPage**

229 E. Willow  
Wheaton, IL  
(630) 784-4800  
[www.metrofamily.org](http://www.metrofamily.org)

- Counseling available on a sliding fee scale
  - Bilingual therapists available
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### **DuPage County Department of Human Resources-Human Service Division**

421 North County Farm Road  
Wheaton, IL  
Phone: (630) 682-7000  
TDD: (630) 682-6926  
[www.dupagecris.org](http://www.dupagecris.org)

- Provides up to date information and referral to county residents on health and social services. Available social workers.

**DuPage County Medical Society**

498 Hillside Ave.

Glen Ellyn, IL

Phone: (630) 858-9603

[www.dcmsdocs.org](http://www.dcmsdocs.org)

- Referrals to medical doctors, no fee

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**DuPage Psychologists Referral Service**

579 West North Avenue Suite 103

Elmhurst, IL 60126

Phone: (630) 279-5757

- Referral Service

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**DuPage Center for Independent Living**

739 Roosevelt Rd. Building 8 Suite 109

Glen Ellyn, IL 60137

Phone: (630) 469-2300

[www.dupagecil.org](http://www.dupagecil.org)

- Provides information on counseling services. Provides education and advocacy for people with disabilities.

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**Lutheran Child and Family Services**

333 W. Lake St.

Addison, IL 60101

(630) 628-6448

[www.lcfs.org](http://www.lcfs.org)

- Counseling available on a sliding fee scale.

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**Catholic Charities**

26 W. St. Charles Rd.

Lombard, IL

(630) 495-8005

[www.catholiccharities.net](http://www.catholiccharities.net)

- Counseling available on a sliding fee scale.

Agencies and Individuals Specializing in Counseling Services  
for People with Disabilities

**Mary Alice Povolny, Ph.D.**  
Licensed Clinical Psychologist  
331 N. York Road  
Elmhurst, IL 60126  
Phone: (630) 415-0780

- Specializing in anxiety disorders, depression, stress and grief issues for people with disabilities. Family counseling for families who have a child with a disability.

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**SMS Career Counseling and Psychotherapy**

Suzanne M.Sullivan, MS, LCPC, CRC  
621 Plainfield Road  
Willowbrook, IL 60521  
Phone / Fax (630) 655-9457

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**Little Friends Inc.**

140 N Wright  
Naperville, IL  
Phone: (630) 355-6533  
[www.littlefriendsinc.org](http://www.littlefriendsinc.org)

Self Help Groups

**National Alliance for the Mentally Ill of DuPage County**

1403 N Main, Suite 209  
Wheaton, IL  
Phone: (630) 752-0066  
[www.namidupage.org](http://www.namidupage.org)

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**West Suburban CHADD**

(630) 961-0161  
[www.chaddonline.org](http://www.chaddonline.org)

- Support group in the western suburbs for children and/or adults with ADD/ADHD