

FAMILY AND CONSUMER SCIENCE

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The Family and Consumer Science Department offers students an opportunity to select from a range of courses. These courses can be chosen to prepare the student for continued education, employment after graduation, or for personal satisfaction. In many of these classes, students complete projects that can be taken home. There are material fees associated with such classes.

FAMILY AND CONSUMER SCIENCE COURSE LISTINGS

CLOTHING & FASHION COURSES

COURSE#	TITLE	LEVEL	PREREQUISITE
FACS1000D	Apparel Construction 1	Yr. 9-12	None
FACS2000D	Apparel Construction 2	Yr. 10-12	Apparel Construction 1
FACS2001	Fashion Merchandising & Marketing	Sem. 10-12	None
FACS3013I	Independent Study	Sem. 11-12	Apparel Construction 2; Instructor approval
FACS3001	Professional & Technical Internship	Yr. 11-12	Instructor approval

CULINARY ARTS COURSES * Denotes required lab fee.

COURSE#	TITLE	LEVEL	PREREQUISITE
FACS1001	Introduction to Culinary Arts *	Sem. 9-12	None
FACS1005	Pastry Arts *	Sem. 9-12	Introduction to Culinary Arts or Senior Foods
FACS2002	International and Regional Foods*	Sem. 10-12	Pastry Arts
FACS3002	Catering and Hospitality*	Sem. 11-12	Three previous foods classes; Instructor approval
FACS3003I	Independent Study*	Sem. 11-12	Catering and Hospitality; Instructor approval
FACS3004	Professional & Technical Internship	Yr. 11-12	Instructor approval
FACS4000D	Senior Foods*	Sem. 12	No previous high school foods class

FAMILY AND CONSUMER SCIENCE LISTINGS (CONT'D)

CHILD DEVELOPMENT COURSES

COURSE#	TITLE	LEVEL	PREREQUISITE
FACS2003	Child Development	Sem. 10-12	None
FACS3006	Early Childhood Teaching Lab	Sem. 11-12	Child Development; Instructor approval
FACS3005I	Independent Study	Sem. 11-12	Early Learning Lab; Instructor approval
FACS3007	Professional & Technical Internship	Yr. 11-12	Instructor approval

HOUSING & DESIGN COURSES

COURSE#	TITLE	LEVEL	PREREQUISITE
FACS2004	Interior Design	Sem. 10-12	None
FACS3008I	Independent Study	Sem. 11-12	Instructor approval
FACS3009	Professional & Technical Internship	Yr. 11-12	Instructor approval

INDEPENDENT LIVING COURSES

* Denotes required lab fee.

COURSE#	TITLE	LEVEL	PREREQUISITE
FACS3010	Individual & Family Relationships	Sem. 11-12	None
FACS3011	Parenting	Sem. 11-12	None
FACS4000D	Senior Foods*	Sem. 12	No previous high school foods classes

FAMILY & CONSUMER SCIENCE DUAL CREDIT WITH COLLEGE OF DUPAGE

Students enrolled in the following courses may apply to earn dual credit with COD. High School students who wish to take the course listed below for dual credit will receive college credit and a COD transcript regardless of whether or not they continue at College of DuPage. These credits may be transferable to other institutions. All dual credit opportunities are pending an agreement between IPSD and COD. To qualify for dual credit, students must complete appropriate applications and placement testing as required by COD. Freshmen are not eligible for dual credit.

COURSE COMPLETED AT MVHS, NVHS, WVHS	CREDIT AT COD
Apparel Construction 1: Course FACS1000D	Fashion Merchandising & Design 1155: Clothing Construction 1 (3 hrs. credit)
Apparel Construction 2: Course FACS2000D	Fashion Merchandising & Design 1156 Clothing Construction 2 (3 hrs. credit)
Senior Foods: Course FACS4000D	Healthy Eating PHYS1554 (1 hr. credit)

FAMILY AND CONSUMER SCIENCE COURSE DESCRIPTIONS

FACS1000 APPAREL CONSTRUCTION 1 *Grade 9-12. Year-long.*

Whether for personal use or a career in clothing and fashion, this course provides an opportunity to develop basic skills for clothing construction. Techniques used to construct four projects including: a skirt/pants, dress/top, shirt, and a knit garment are covered. Students are encouraged to select pattern and materials according to their needs and abilities. Materials and supplies for the four projects are to be furnished by the student. COD Dual Credit available.

FACS2000D APPAREL CONSTRUCTION 2 *Grade 10-12. Year-long. Prerequisite: Apparel Construction 1.* Students who have successfully completed Apparel Construction 1 will be ready for the advanced pattern and fabric study in this course.

Projects include fitting pants, working with sheer fabrics, plaids, and lined projects. Other topics include the principles and elements of design, textiles, and career opportunities. Materials and supplies for the four projects are to be furnished by the student. COD Dual Credit available.

FACS2001 FASHION MERCHANDISING & MARKETING *Grade 10-12. One semester.*

This course is designed for the student to explore and understand the various facets of today's fashion industry. Areas included are fashion design, fashion buying, merchandising, and the retail function. Career exploration in related fields of study will be explored. This course may be taken for enrichment or as preparation for further training in fashion-related occupations.

FACS1001 INTRODUCTION TO CULINARY ARTS *Grade 9-12. One semester.*

Develop life-long culinary skills in Introduction to Culinary Arts. Food science principles and culinary techniques are applied as students prepare a variety of recipes in the lab. There is an emphasis on healthy eating and nutrition. Career exploration in related fields of study will be incorporated. A lab fee will be charged.

FACS1005 PASTRY ARTS *Grades 9-12. One semester. Prerequisite is Introduction to Culinary Arts or Senior Foods.*

Pastry Arts is a hands-on lab course. Students will apply the food science principles learned in the Pastry Arts classroom during their lab experiences. Areas of emphasis are quick breads, yeast breads, cakes, cookies, and pies. Cross-curricular academics include culinary math, literacy comprehension, and food science principles. A lab fee will be charged.

FACS2002 INTERNATIONAL AND REGIONAL FOODS *Grade 10-12. One semester. Prerequisite is Pastry Arts.*

This course will provide the student the opportunity to experience how food and its preparation varies by region and by country. Students will learn about different ingredients and techniques to broaden their culinary horizons. Due to the scope of study, students may enroll in this class for a second semester. A lab fee will be charged.

FACS3002 CATERING AND HOSPITALITY *Grade 11-12. One semester. Prerequisite is completion of three foods classes or instructor approval.*

Units in this course combine lecture and laboratory work to provide an introduction to the food service industry. Students will have the opportunity to improve their skills and expand their culinary expertise in the areas of food preparation, quantity food production, and food management. Careers in the food service industry will be explored. A lab fee will be charged.

FACS4000D SENIOR FOODS *Grade 12. One semester.*

This course is intended for students with no previous culinary classes. Senior Foods is fundamental for anyone who wants to create healthy alternatives to eating fast food and wants a basic cooking course. The course is designed to give students a sampling of the following areas of study: simple food preparation, nutrition, basic meal planning, purchasing

of food, time management, and care and use of cooking equipment and appliances. COD Dual Credit available. A lab fee will be charged.

FACS2004 INTERIOR DESIGN *Grade 10-12. One semester.*

This course explores concepts and career choices of interior design. Students are introduced to architectural styles, alternative housing styles, basic blueprint reading, principles and elements of design, and the use of color. Students make choices in decorating and furniture arrangement. Hands-on projects enable the student to link concepts with visual images.

FACS3010 INDIVIDUAL & FAMILY RELATIONSHIPS *Grade 11-12. One semester.*

This course is designed to help students to develop a greater understanding of self and others in order to enhance future relationships. An empathic approach to intellectual, emotional, and physical relationships is taken, using statistically-sound research as a basis for discussions. Topics include self-awareness, decision-making, communication, gender roles, dating, marriage, and family issues.

FACS2003 CHILD DEVELOPMENT *Grade 10-12. One semester.* This course is designed to provide the student with an introduction to the intellectual, physical, emotional, and social development of a child from prenatal through preschool. It is beneficial both to the future parent and those interested in child-related careers. This class is the prerequisite for Early Childhood Teaching Lab, and the student must receive instructor approval to be eligible for the lab.

FACS3006 EARLY CHILDHOOD TEACHING LAB *Grade 11-12. One semester.*

Prerequisite is Child Development and instructor approval.

This is a capstone course for the highly-motivated student interested in education or a child-related career such as pediatric medicine, child psychology, speech pathology, or social work. Strong academic achievement in Child Development is a requirement and an excellent predictor of success in this course. The students will be responsible for planning, preparing, and teaching three- and four-year old children in a preschool lab contained within the department. This is a repeatable elective.

FACS3011 PARENTING *Grade 11-12. One semester.*

This course is designed to give the student an overview of parenting and the knowledge necessary for effective parenting. Developing healthy family relationships is emphasized. Some of the parenting skills included are decision-making, family resource management, and child-guidance techniques. Throughout the course, interactions between parent and child will be explored. The needs, concerns, joys, and responsibilities of parenting are emphasized.

INDEPENDENT STUDY

FACS3013I CLOTHING & FASHION

FACS3003I CULINARY ARTS

FACS3005I CHILD DEVELOPMENT

FACS3008I HOUSING & DESIGN

Grade 11-12. Requires instructor approval.

This course provides the student an opportunity for advanced work in clothing and fashion, food service, interior design, or early childhood. A contract between student and teacher will be jointly developed specifying goals and objectives. A portfolio will be created by the student. It is an individually-directed study and requires a high degree of motivation and self-discipline. See a teacher in the department for an application.

PROFESSIONAL & TECHNICAL INTERNSHIP

FACS3001 CLOTHING & FASHION

FACS3004 CULINARY ARTS

FACS3007 CHILD DEVELOPMENT

FACS 3009 HOUSING & DESIGN

Grade 11-12. Two credits. Year-long. Prerequisite is instructor approval.

This program serves as the final course in our sequence of courses. Sequenced courses include the following: two previous semesters of culinary classes, Apparel Construction 2, or Early Childhood Teaching Lab. Other courses may qualify. A student will receive one credit for classroom instruction and one credit for on-the-job training. The internship instructor will assist with job placement and monitor student progress throughout the year. Early dismissal is not a requirement for this program.