

**Family and Consumer Science
Articulated Credit With College Of DuPage**

Students attending College of DuPage may receive college credit when the following courses are completed with a grade of "B" or better in high school. Students must be taking at least one course at COD (be in its system) and apply for the credit within 2 years of graduation from high school.

Course Completed at NVHS, WVHS	Credit at COD
<ul style="list-style-type: none"> ➤ Child Development: Course #4460 AND Early Childhood Teaching Lab: Course # 4470 Student must complete both courses to receive dual credit.	<ul style="list-style-type: none"> ➤ Early Childhood Education and Care 1100- Introduction to the Early Childhood Profession (3 hrs. credit)

**Family and Consumer Science
Dual Credit With College Of DuPage**

Students enrolled in the following courses may apply to earn dual credit with COD. High school students who wish to take the course listed below for dual credit will receive college credit and a COD transcript regardless of whether or not they continue at College of DuPage. These credits may be transferable to other institutions.

Course Completed at NVHS, WVHS	Credit at COD
<ul style="list-style-type: none"> ➤ Apparel Construction I: Course # 4400 or 9400 ➤ Apparel Construction II: Course # 4410 	<ul style="list-style-type: none"> ➤ Fashion Merchandising & Design 1155 Clothing Construction I (3 hrs. credit) ➤ Fashion Merchandising & Design 1156 Clothing Construction II (3 hrs. credit)

Family and Consumer Science

Paul Holba, Department Chairperson - WVHS
 Lisa Traut, Department Chairperson – NVHS
 Jill Hlavacek, Department Chairperson - MVHS

The Family and Consumer Science Department offers students, both male and female, an opportunity to select from a range of courses in this area. These courses can be chosen to prepare the student for continued education, employment after graduation, or just for personal satisfaction. In many of these classes, students complete projects that can be taken home. There are material fees associated with such classes.

Family and Consumer Science Course Listings

Clothing & Fashion Courses			
Course #	Title	Level	Prerequisite
4400	Apparel Construction I	Yr. 9-12	None
4410	Apparel Construction II	Yr. 10-12	Apparel Construction I
4416	Fashion Merchandising & Marketing	Sem. 10-12	None
4440	Independent Study	Sem. 11-12	Apparel Construction II
4497	Professional & Technical Internship	Yr. 11-12	Instructor approval; proper sequence of courses
Culinary Arts Courses			
Course #	Title	Level	Prerequisite
4420	Introduction to Culinary Arts	Sem. 9-12	None
4422	Senior Foods	Sem. 12	No previous high school Foods class
4426	Pastry Arts	Sem. 9-12	Introduction to Culinary Arts or Senior Foods with a C or better
4428	Catering and Hospitality	Sem. 11-12	Three previous foods classes; instructor approval
4432	International and Regional Foods	Sem. 10-12	Pastry Arts with a C or better
4440	Independent Study	Sem. 11-12	Catering and Hospitality; Instructor approval
4497	Professional & Technical Internship	Yr. 11-12	Instructor approval; proper sequence of courses

Child Development Courses			
Course #	Title	Level	Prerequisite
4440	Independent Study	Sem. 11-12	Early Learning Lab; Instructor approval
4460	Child Development	Sem. 10-12	None
4470	Early Childhood Teaching Lab	Sem. 11-12	"B" or better in Child Development
4497	Professional & Technical Internship	Yr. 11-12	Instructor approval; proper sequence of courses
Housing & Design Courses			
Course #	Title	Level	Prerequisite
4040	Drafting & Design (Offered through Technology & Engineering.)	Yr. 10-12	None
4440	Independent Study	Sem. 11-12	None
4450	Interior Design	Sem. 10-12	None
4497	Professional & Technical Internship	Yr. 11-12	Approved sequence of courses
Independent Living Courses			
Course #	Title	Level	Prerequisite
4422	Senior Foods	Sem. 12	No previous high school foods classes
4452	Individual & Family Relationships	Sem. 11-12	None
4472	Parenting	Sem. 11-12	None

Family and Consumer Science Course Descriptions

All FACS courses are one semester long, unless otherwise noted

4400 Apparel Construction I- *Grade 9-12. Year long.* Whether for personal use or a career in clothing and fashion, this course provides an opportunity to develop basic skills for clothing construction. Techniques used to construct a skirt or loose fitting pants, jumper or top, dress or shirt, and knitted fabrics are covered, as well as studying natural fibers and how fabrics are made. Students are encouraged to select pattern and materials according to their needs and abilities. Materials and supplies for the four projects are to be furnished by the student. COD Dual Credit available.

4410 Apparel Construction II- *Grade 10-12. Year long. Prerequisite: Apparel Construction I.* Students who have successfully completed Apparel Construction I will be ready for the advanced pattern and fabric study in this course. Projects include fitting pants, working with sheer fabrics, plaids and lined projects. Other topics include the principles and elements of design, textiles and career opportunities. Materials and supplies for the four projects are to be furnished by the student. The student must have earned a C or better in Apparel Construction I, or have instructor approval. COD Dual Credit available.

4416 Fashion Merchandising & Marketing- *Grade 10-12. One semester.* This course is designed for the student to explore and understand the various facets of today's fashion industry. Areas included are fashion design, fashion buying, merchandising and the retail function. Career exploration in related fields of study will be explored. This course may be taken for enrichment or as preparation for further training in fashion-related occupations.

4420 Introduction to Culinary Arts- *Grade 9-12. One semester.* This course offers students the opportunity to study food and nutrition in the following ways: the preparation of food utilizing basic cooking concepts, the nutrition of each type of food within the framework of a healthy diet, the purchasing and proper storage of all types of food, and food preparation concepts. Students will complete this course with a basic set of life long culinary skills. Career exploration in related fields of study will be explored. A lab fee will be charged.

4422 Senior Foods- *Grade 12. One semester. This course may not be taken if a student has already taken another high school foods class.* This section is for seniors who have never had a foods course and are preparing for college or independent living. The course is designed to give students an overview of meal preparation and nutrition. It gives the students a sampling of the following areas of study: simple food preparation, nutrition, basic meal planning, purchasing of food, time management, and care and use of cooking equipment and appliances. A lab fee will be charged.

4426 Pastry Arts- *Grades 9-12. One semester. Prerequisite is Intro to Culinary Arts or Senior Foods.* This course offers students an opportunity to experience the delights of baking using various techniques and flours to prepare pastries, breads, cookies, cakes and cake decorating and other specialty items. This course is one of three courses available to the student who is interested in continuing his/her foods experiences. The student must have earned a C or better in Intro to Culinary Arts or Senior Foods, or have instructor approval. A lab fee will be charged.

4428 Catering and Hospitality- *Grade 11-12. One semester. Prerequisite is completion of three foods classes and instructor approval.* Units in this course combine lecture and laboratory work to provide an introduction to the food service industry. Students will have the opportunity to improve their skills and expand their culinary vocabulary as they gain expertise in the areas of food preparation, quantity food production and food management. Careers in the food service industry will be explored. A lab fee will be charged.

4432 International and Regional Foods- *Grade 10-12. One semester. Prerequisite is Pastry Arts.* This course will provide the student the opportunity to experience how food and its preparation varies by region and by country. They will learn about different ingredients and techniques to broaden their culinary horizons. Due to the scope of study, students may enroll in this class for a second semester. The student must have earned a C or better in Pastry Arts, or have instructor approval. A lab fee will be charged.

4440 Independent Study in Family and Consumer Science- *Grade 11-12. Requires departmental approval.* This course provides the student an opportunity for advanced work in clothing and fashion, food service, housing and interior design or early childhood. A contract between student and teacher will be jointly developed specifying goals and objectives. A portfolio will be created by the student. It is an individually- directed study and requires a high degree of motivation and self-discipline. See a teacher in the department for an application.

4450 Interior Design- *Grade 10-12. One semester.* This course explores concepts and career choices of Interior Design. Students are introduced to architectural styles, alternative housing styles, basic blueprint reading, principles and elements of design and the use of color. Students make choices in decorating and furniture arrangement. Hands-on projects enable the student to link concepts with visual images.

4452 Individual & Family Relationships- *Grade 11-12. One semester.* This course is designed to help students, both young men and young women, prepare for their own adult living situations. An empathic approach to intellectual, emotional and physical relationships is taken, using statistically-sound research as a basis for discussions. Topics include self-awareness, decision-making, communication, sex roles, mate selection, marriage and the family and family crisis.

4460 Child Development- *Grade 10-12. One semester.* This course is designed to provide the student with an introduction to the intellectual, physical, emotional and social development of a child from prenatal through preschool. It is beneficial both to the future parent and those interested in child-related careers. This class is the prerequisite for Early Childhood Teaching Lab and student must earn a B or better to be eligible for the Lab.

4470 Early Childhood Teaching Lab - *Grade 11-12. Prerequisites are an A or B in FACS 4460 and approval by the department.* This course is designed for the student who successfully completed Child Development and who may be interested in careers involving young children. The students will be responsible for planning, preparing and teaching three and four year old children in a preschool lab contained within the department. Units of study include, but are not limited to, guidance techniques, art, music and storytelling methods for the preschool child. Students who successfully complete one semester of Early Learning Lab with a grade of "B" or better, and who wish additional involvement with young children, may register for this class for a second and third semester.

4472 Parenting- *Grade 11-12. One semester.* This course is designed to give the student an overview of parenting and the knowledge necessary for effective parenting. Parenting skills are an integral part of a positive functioning family. Throughout the course, interactions between parent and child will be explored along with the needs, concerns, joys, and responsibilities of parenting.

4497 Professional and Technical Internship- *Grade 11-12. Two credits. Year long. Prerequisite is department approval.* This program serves as the final course in our sequence of courses. Sequenced courses include the following: two previous semesters of culinary classes, Apparel Construction II, or Early Childhood Teaching Lab. Other courses may qualify. Please see instructor or department head. A student will receive one credit for classroom instruction and one credit for on-the-job training. The Internship instructor will assist with job placement and monitor student progress throughout the year. Early dismissal is not a requirement for this program.