We will be successful this season as long as we pay the price!

100
- Schremp
- Humenik
- Schulte
- Spielman

200
- Lowell 33.5
- Jacob 33.6
- Kutzen 34.1
- Davis 37.0

Long Jump
- Kutzen 19'
- Broadway 19'

High Jump
- Kutzen 6'4
- Broadway 6'4

Thomas 1m 3"
Siff 13"7"
Humenik 13.6"
Kutzen 13.3"
Jacobs 13.2"
Breinholt 13"
Davis 11"

800
- Bizercek 2:40.6
- Spielman 2:44.3
- Broadway 2:44
- Bright 2:51
- Kunz 3:02
- Davis 3:15

Sprints: Open
- Bizercek 6.9
- M. Schultz 7.1.5.20
- Broadway 50
- Carter 50.3
- Hufniel 70

Sportsmanship - learning to win/lose
- Procedures - shake hands
- Have sweats ready
- Help opposition locker
- New rule: curtsey

CITIERS, TEAMMATES
- Help opposite

General Info
- Know order of events
- Missing events - rules
- Relays - responsibilities
- With big sister
- Warmup - cooldown
- General knowledge
- Leaving track
- Snacks